

Labette Center for Mental Health Services, Inc.

Company Newsletter

December 2018
Volume 12 Issue 12

Holiday Lunch

It's time for the annual employee Holiday Lunch! The holiday lunch will be held this year on Friday December 21st from 12:00pm - 1:30pm. This year the lunch will be catered by Hickory Hole (no need for pot luck - unless you want to bring dessert!!!) Make sure you bring your white elephant gift! All who bring a gift will get to participate in a fun gift exchange game. Through the year the Center acquires many gifts that will be given away as door prizes as well. (Must be present to get a door prize.) Come join in the fun and enjoy some good food and laughs with your coworkers!



Toys for Tots

We are pleased to once again have a Toys for Tots box at the Center! It is located in the multipurpose room of

the main building and will be available for donations through December 21st. The box and donations will be picked up after the Holiday Lunch on that day. Let's fill it up and help the children of Labette County! All donations made to the Labette County Toys for Tots program stay local to help individuals in Labette County!

Door Decorating Contest

Everyone enjoyed the door decorating contest so much that we will go ahead and do it again this year! If you do not have a door feel free to use one that is "extra" such as resource room, supply closet, etc. Pictures of all the doors will be posted on the bulletin board in the main building break room. Votes will be cast at the Holiday Lunch and the winner will receive a prize!

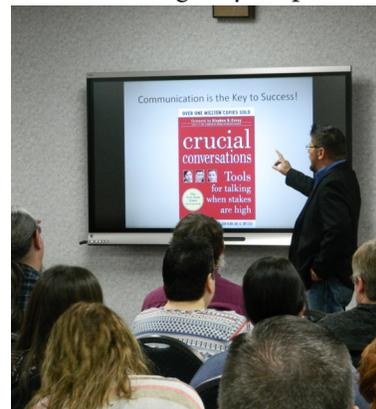
Ugly Christmas Sweater Contest

We will once again have the Ugly Christmas Sweater contest! Participating individuals

can wear their Ugly Christmas sweater to the Holiday Dinner and votes can be cast for the winner. A prize will be given to the individual with the most votes!

What is your WHY?

It was wonderful to have all the staff together for the workshop with Doug Hunt! During the workshop Doug spoke about finding your "WHY". What is your why? So now the Center is looking for your input! Share with us what your why is or thoughts you have about the support we provide to our community. You can give your why statement to your supervisor, to human relations or drop it in the suggestion box at the main building if you prefer!



Your input is a valuable part of knowing what the Center's WHY is! Do you have comments or questions about the workshop? Feel free to share your thoughts!

Employee Recognition!

Supervisors would like to recognize employees who have gone above and beyond. These employees have shown, through their efforts, a commitment to the Center's mission. Labette Center has employees all through the agency that work hard to fulfill the vision and mission and it is an honor for supervisors to be able to recognize them when they see an extraordinary act take place. Below is the list of employees who have been recognized in the month of October.

Stephanie Klonowski - for going above and beyond in job performance.

Gail Kiser - for being flexible and going above and beyond in her job.

Judy Blackburn - for being flexible and going above and beyond in her job.

Our Vision ~ Provide the highest quality of comprehensive services to empower the people and communities of Labette County. We envision fulfilling and meaningful lives for those we serve.

Our Mission ~ Create hope and opportunities for life change by providing education, support, consultation and therapeutic behavioral health services to the people and communities of Labette County.

KPERS 457 Video

Enrollment for the KPERS 457 retirement plan is always open! KPERS 457 is the State of Kansas deferred compensation plan. It's a voluntary savings plan for KPERS members. In the employee login section of the Center's website, under "Important Links & Training Videos", staff can find a video about the plan to gain more information. The KPERS 457 sign up form and flyer can be found under "Other Employee Information & Forms". For more information contact Natasha Purcell, Human Resource Coordinator.

Staff Anniversaries. . .

Beth Engels (Therapist)
24 years December 1st
Kathleen Carra-Young (Case Mgr)
2yrs December 5th
Alex Siu (Children's Psychosocial)
2yrs December 30th

Staff Birthdays

Asha Patal (Director of Business
Operations)
December 14th



Judy Blackburn and Brittany Queen decorate the front foyer of the main building.

During the Holidays, Lottery Tickets and Gambling are Not for Kids Gambling Games Discouraged as Youth Stocking Stuffers

(DECEMBER 10, 2018) The holiday season is welcomed as a time for bringing family and friends together for traditional meals, games and giving to others. While considering those special gifts, the Kansas Coalition on Problem Gambling wants to remind parents and other caring adults that lottery, scratch-off tickets, and gambling games are not appropriate gifts for children under age 18. Young people report that their first gambling experience occurs between the ages of 9 and 11. In Kansas, nearly 15 percent of 6th – 12th grade youth who participated in the 2018 Kansas Communities That Care Youth Survey indicate they had gambled money or personal items in the past 12 months. Based on studies of adults with gambling problems, the earlier a person begins gambling, the greater the likelihood of developing a problem with gambling. The Kansas Coalition on Problem Gambling has joined the national Association of Problem Gambling Service Administrators, the National Council on Problem Gambling and the

Kansas Lottery in a campaign to stop lottery tickets from being given as gifts to children. Joyce Markham, President of the Kansas Coalition on Problem Gambling, states, "Gambling among youth is associated with other problem behaviors and substance use. Youth who engage in gambling are also at greater risk for using tobacco, alcohol and marijuana. They are also at greater risk for delinquent behaviors, getting in trouble with the law, experiencing mental health problems and attempting suicide. Talk to your children or those children who you might impact about gambling and avoid giving gambling games to those too young to legally play them."

Is gambling causing problems for you or someone you love? For individuals and families experiencing problem gambling issues, call the Kansas Problem Gambling Helpline at 1-800-522-4700. The Helpline is a confidential access point for those seeking assistance. For more resources, visit ksgamblinghelp.com

Funding for the Kansas Coalition on Problem Gambling is provided by the Kansas Department for Aging and Disability Services.

Don't Forget About Smart Dollar!

Labette Center offers the Smart Dollar program to full time employees to use in their journey to financial wellness.

Proven Plan for Success
SmartDollar is a step-by-step plan that has worked for millions of people just like you. It's easy to follow and will help you reach your financial goals.

Online Budgeting Tool
SmartDollar features the online budgeting tool EveryDollar. When you have a budget, you'll start tell-

ing your money what to do instead of wondering where it went.

Motivating Content
Learn from the experts! Through video lessons and real-world content applications, our team of experts, including Dave Ramsey, will inspire you to take action and reach your dreams.

Enrollment Link : <https://www.smartdollar.com/enroll/lcmhs4417>

Participant Video Link: http://users.neo.registeredsite.com/8/8/3/11596388//184865/other-employee-info.html?_=0.869013901654421



Peer to Peer Group

Peer to Peer Groups are held each week in the CSS Building located at 906 S. 13th Street. All clients who are actively enrolled in the CSS program may attend these groups. Co-ed Group is held on Tuesdays from 11:30-12:30 and the Women's Group is held on Wednesdays from 11:00-12:00.

SOAR Available for Clients

Deb Williams has been trained in SOAR, SSI/SSDI Outreach Access and Recovery, and is now able to assist clients with obtaining Social Security and/or Disability services. She has currently already been able to assist three individuals! For questions about SOAR please contact Deb Williams.

Employee Login Section of LCMHS Website

The employee login section of the website is now easily accessible and working! The button to access the login page can be found on the main website as one of the menu items listed at the top of the page, directly under the picture. The Center's website address is www.lcmhs.com. The first time accessing the page each employee will need to set up login information. The login information has to be approved before the employee can access the page. During business hours this process will be handled within a short amount of time. If the first time logging in takes place after normal business hours, the request will be approved on the following business day. After the request has been approved the employee is able to log in anytime. Information is still being updated on this site. If any employee has suggestions on what information would be useful to access through this portal please feel free to let us know!

Grief Support Group

Labette Center is pleased to now offer a monthly grief support group. Groups are held on the third Thursday of each month at 5:30 pm. Group leaders are Beth Engels, LMSW and Peter Smith, LMSW. This support group is for adults aged 18 years and older and is free of charge to the community. Interested individuals may enter into the community room at the Main Building of Labette Center by coming to the door located on the west side of the building. Please be aware the temperature can fluctuate in this meeting room so layered clothing is recommended.

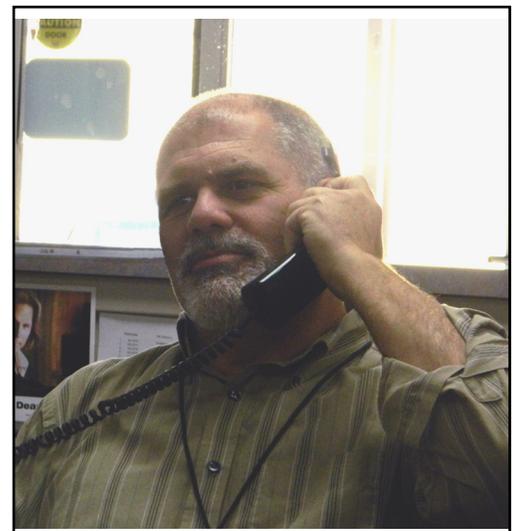


Time to Update Your Information!

With the approaching of the new year, now is a good time to review your information with human resources! It's important to make sure all information, including address and other items, are correct before the tax season begins. If you need to make changes to your information, or check on the information you have on file, please contact Natasha Purcell, human resources coordinator.

NAMI

The Parsons NAMI group meets on the second Thursday of every month. The next meeting will be on December 13th, 2018. The November meeting will be focused on removing stigma and self esteem vs. self identity. For more information about the Parsons NAMI meetings call 620-240-3740



During the all staff training held on November 28th management staff covered the essential duties of the Center Matt Atteberry, executive director was found helping out with the phones in the front office!

(message phone) or email seknami@gmail.com.

Don't Forget About Relias!

Labette Center is proud to be able to offer Relias Learning System to our employees as an added benefit. If you are in need of trainings to obtain continuing education units, or would just like to learn more on a variety of subjects, don't forget to check out Relias to see all the courses that are offered! If anyone has any difficulty logging into the Relias system, if you have forgotten your user name and/or password, or have difficult utilizing the system, please contact Monica Simpson. There are a lot of great courses that can fit the needs of any employee!

Closings

Labette Center will be closed on Monday December 24th & Tuesday December 25th for the Christmas Holiday. The Center will also be closed on Tuesday January 1st in observation of New Year's Day. Have a safe and happy holiday season!



December is . . .

Aids Awareness Month
Bingo's Birthday Month
National Drunk & Drugged Driving (3D) Prevention Month
Impaired Driving Prevention Month
National Pear Month
National Tie Month
National Write A Business Plan Month
Operation Santa Paws (1-17)
Safe Toys and Gifts Month
Universal Human Rights Month
Worldwide Food Service Safety Month
Youngsters on The Air Month
Cookie Cutter Week: 1-7
Hand Washing Awareness Week: 2-8
Computer Science Education Week: 3-9
Cookie Exchange Week: 3-7
Human Rights Week: 10-17
Christmas Bird Count Week: 14-1/5
Posadas: 16-24
World Karaoke Championships: 19-21
It's About Time Week: 25-31
Antartica Day: 1
Basketball Day: 1
Bifocals at the Monitor Liberation Day: 1
Civil Air Patrol Day: 1
Clark Kent's Birthday (Superman): 1
Day With(out) Art Day: 1
Earmuff Day: 1
Rosa Parks Day: 1
World Aids Day: 1
World Pear Day: 1
International Day for the Abolition of Slavery Day: 2
National Mutt Day: 2
Safety Razor Day: 2
Special Education Day: 2
Day of Persons With Disabilities: 3
National Cookie Day: 4 Link
National Dice Day: 4
National Sock Day: 4 Link
World Trick Shot Day: 4
World Wildlife Conservation Day: 4
AFL-CIO Day: 5
International Ninja Day: 5
Special Kids Day: 5

World Soil Day: 5
Miners' Day: 6
National Pawnbrokers Day: 6
St. Nicholas Day: 6
Pearl Harbor Remembrance Day: 7
National Salesperson Day: 7
International Civil Aviation Day: 7
National Cotton Candy Day: 7
Day Of The Horse: 8
Gingerbread Decorating Day: 8
National Day of Lard: 8
Pretend To Be A Time Traveler Day: 8
Worldwide Candle Lighting Day: 9
World Choral Day: 9
Dewey Decimal System Day: 10
Green Monday: 10
Human Rights Day: 10
International Animal Rights Day: 10
Jane Addams Day: 10
Nobel Prize Day: 10
International Mountain Day: 11
Kaleidoscope Day: 11
National App Day: 11
UNICEF Birthday: 11
Gingerbread House Day: 12
National 12-hour Fresh Breath Day: 12
National Cocoa Day: 12
National Guard Birthday: 13
National Lost Day: 12
Poinsettia Day: 12
National Day of The Horse: 13
National Salesperson Day: 14
Official Lost & Found Day: 14
Yoga Day: 14
Bill of Rights Day: 15
Cat Herders Day: 15
International Tea Day: 15
National Cupcake Day: 15
National Wear Your Pearls Day: 15
Wreaths Across America Day: 15
Chocolate-covered Anything Day: 16
A Christmas Carol Day (Story): 17
Clean Air Day: 17
Wright Brothers Day: 17
Answer The Telephone Like Buddy The Elf Day: 18
International Migrants Day: 18
Free Shipping Day: 20

Games Day: 20
International Human Solidarity Day: 20
National Re-gifting Day: 20
National Sangria Day: 20
Poet Laureat Day: 20
Ann & Samantha Day: 21
Celebrate Short Fiction Day: 21
Crossword Puzzle Day: 21
Forefathers Day: 21
Humbug Day: 21
National Flashlight Day: 21
National Homeless Persons' Remembrance Day: 21
Short Girl Appreciation Day: 21
Underdog Day: 21
National Ugly Christmas Sweater Day: 21
World Peace Day/Winter Solstice: 21
Winter Solstice: 21 5:23 PM EST
Yalda: 21
Yule: 21
Be A Lover of Silence Day: 22
Festivus: 23
Human Light Celebration: 23
Christmas Eve: 24
Egg Nog Day: 24
Christmas: 25
Christmas Pudding Day: 25
Boxing Day: 26 (Canada)
National Candy Cane Day: 26
National Thank-you Note Day: 26
Free Balloon Day: 27
Howdy Doody Day: 27
Visit The Zoo Day: 27
Endangered Species Act Day: 28
National Chocolate Day: 28 & 29
Pledge of Allegiance Day: 28
YMCA Day: 29
Bacon Day: 30
No Interruptions Day: 30
Leap Second Time Adjustment Day: 31
Look On The Bright Side Day: 31
Make Up Your Mind Day: 31
New Years Eve: 31
Universal Hour of Peace Day: 31
World Healing Day: 31
World Peace Meditation Day: 31

Trivia!

For this trivia question the names of all persons who submit the correct answer will be entered into a drawing for two sport passes For Labette Community College. The winner will be drawn on Friday.

What is the name of the first department store to have a Santa Claus and in what year was the tradition started?



New Moon December 7th
First Quarter December 15th
Full Moon December 22nd
Last Quarter December 29th

