

Company Newsletter

volume 5 issue 11

Editor: Monica M Simpson

December
2011

Labette Center for
Mental Health Services, Inc.

And We're LIVE!

Monday December 12th was the Center's "Go Live" day! We are now officially using an electronic Medical Records System. BrightEHR will move LCMHS into a new and exciting realm of technology! Thank you to all the staff for your patience and understanding during this time of change. Thank you to staff members who put in extra time and effort toward loading information into the program. And a special thank you to Sandra Dickerson for her efforts and time put into getting the program up and running.

Holiday Lunch

It is once again time for the Annual Pot Luck Holiday lunch! This year's pot luck will take place on Friday December 16th from 12pm - 1pm. Everyone may feel free to bring their favorite dish and a white elephant gift (does not need to be new, re-gifted items, previously used items or something you just don't need anymore are all perfectly acceptable!) We will again play the "right/left" game that has become a fun tradition for our staff. We look forward to seeing everyone there and enjoying good food, good company and a lot of laughs!



Visit our Website!

Check out all the changes to the Website! Visit www.lcmhs.com and see what the center is doing. Be sure to let your clients know if they need any information they can check our website. There are also forms available that can be printed off. Employees can get on the website, log in and get employee specific information! If an employee needs his/her password, please feel free to contact me at msimpson@lcmhs.com

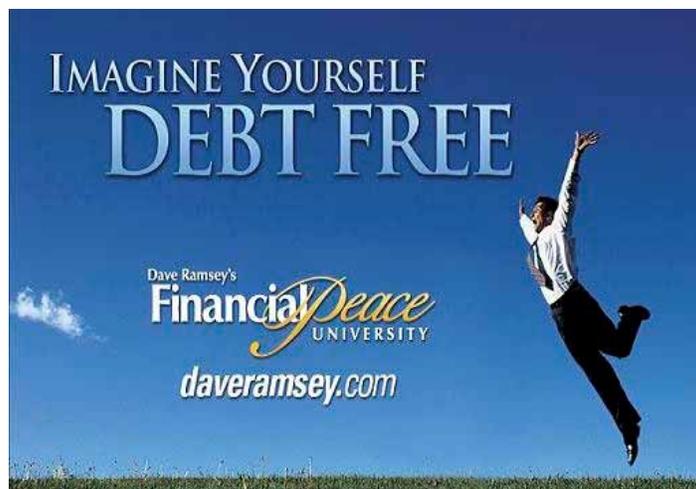
Also - Join us on **FACEBOOK!!!** Updates, quotes, mental health news, etc are posted on the Center's FACEBOOK page on a regular basis.

Our Vision ~ Provide the highest quality of comprehensive services to empower the people and communities of Labette County. We envision fulfilling and meaningful lives for those we serve.

Our Mission ~ Create hope and opportunities for life change by providing education, support, consultation and therapeutic behavioral health services to the people and communities of Labette County.

2011-2012 Wellness Program

The next weigh in for the Wellness Program will take place on **Thursday December 29th from 10 am to 11 am**. Jessica Hildrith will be making updates to the Wellness Website periodically. If anyone has not received their username and password for the website or are having any difficulty logging into the website, please contact Provant at portalsupport@provanthealth.com. Visit the Center's website at www.lcmhs.com and log in to the employee site for more information on the 2011-2012 Wellness Program, which includes information on Dave Ramsey's Financial Peace course and how to sign up for it! For more information employees may contact Natasha Purcell, Human Resources at npurcell@lcmhs.com or through babble.



Sign up TODAY for the Dave Ramsey Finance Peace Workshop!

"The Financial Peace workshop is a program that teaches you how to beat debt, build wealth and keep your own economy thriving."

This program will be offered as an online workshop, so internet access is necessary to participate. The membership fee is FREE to full time employees and family members may attend along with you at no extra cost. Labette Center will offer payroll deduction for the price of the membership fee for those employees that do not complete the program in the appropriate amount of time. Upon successful completion of the program (attending 10 of the 12 lessons) you must present your certificate to Natasha Purcell in order to avoid being charged. Check out the Dave Ramsey video by going to our website www.lcmhs.com and employee login. Contact Natasha Purcell, Human Resources for further information and to SIGN UP!! (See attached flyer)

Anniversaries!



On November 12th, Verla Pepper-Adkins, therapist, celebrated her one year anniversary with Labette Center for Mental Health Services. Thank you for all you do Verla!

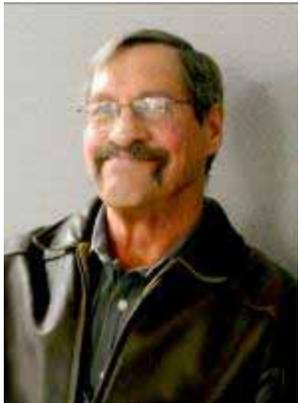
Congratulations to Verla!



Beth Engels, CBS Coordinator, celebrated 17 years of service with Labette Center for Mental Health on December 1st. Thank you for all you do Beth!

Congratulation on 17 Years!

New Employees



Mark Koehler began working with LCMHS on November 21st, 2011. With an Undergraduate degree from Indiana University, a Master's in Psychology from the University of Evansville and a MSSW from the University of Louisville, Mark will be working in the Center's therapy department. Mark, who was raised in Indiana, worked at the Parsons State Hospital and Training Center for 21 years and currently lives in Parsons. Labette Center welcomes Mark to our staff!



Labette Center would like to welcome Keaton Turner to our team! Keaton joined the Navigator's program on November 17th, 2011. Keaton, who is a Labette County native and was born and raised in Altmont, is currently attending Labette Community College, working toward a degree in Adaptive Physical Education and Coaching. He plays football, basketball, baseball and track and enjoys fishing and hunting in his free time. Welcome to the Center Keaton!

Christmas Eggnog Pound Cake

Serves/Makes: 14 Ready In: 1-2 hrs

Ingredients:

- 1 cup butter
- 1 cup shortening
- 3 cups all-purpose flour
- 1 cup commercial dairy eggnog
- 1 cup flaked coconut
- 3 cups sugar
- 6 eggs
- 1 teaspoon lemon extract
- 1 teaspoon vanilla extract
- 1 teaspoon coconut extract

Directions:

Preheat oven to 325 ♦ F. Cream butter and shortening. Gradually add sugar, beating well. Add eggs one at a time, beating well after each addition. Using a spoon, add flour to creamed mixture alternately



with eggnog, beginning and ending with flour. Stir in coconut and flavorings. Blend well. Pour batter into well-greased and floured 10-inch tube pan. Bake at 325 ♦ F. for 1 1/2 hours. Cool 10 minutes in pan. Remove.

This recipe is from CDKitchen <http://www.cdkitchen.com>

December Anniversaries

Beth Engels	17yrs	December 1st
CBS Coordinator		
Melanie Kent	1yr	December 13th
Adult Case Manager		
Doug Hale	1yr	December 20th
Adult Case Manager		

December Birthdays

Michelle Norton	December 3rd
Business Office	
Mandy Shaw	December 8th
Navigator's Group Leader	
Kathryn Shelton	December 8th
Navigator's Group Leader	
Asha Patal	December 14th
Accounts Payable	
Cheryl Tullis	December 25th
Adult Case Manager	
Matt Newton	December 30th
Therapist	

Discount Tickets to Silver Dollar City and Worlds of Fun

LCMHS is now associated with the corporate discount programs with both Silver Dollar City and Worlds of Fun. Employees are now able to go to a website provided by these entities, logon using a code provided by them, and purchase tickets at a discounted price. The Silver Dollar City website includes day passes and season passes to Silver Dollar City, White Water and the Showboat Branson Belle. The Worlds of Fun website includes day and season passes to both Worlds of Fun and Oceans of Fun. Prices and further information are listed on the websites and an attachment is included with this newsletter (see pages 13 & 14).

The information to log on to the Silver Dollar City website is:

Web Address: www.sdcticketoffers.com

Promo Code: **15512** **Labette Center for Mental Health Services**

Showboat Promo Code: **PARTNER**

The information to log on to the Worlds of Fun website is:

Web Address: www.worldsoffun.com

Promo Code: **Charlie**

More information will be provided as it becomes available. These website addresses are also available on the LCMHS website under the employee login section. If you are thinking about taking a vacation to one of these locations, be sure to take advantage of the discounts provided!

American History in December

December 1st, 1824 - Andrew Jackson and John Quincy Adams tied in the presidential election. The tie would be broken in the House of Representatives with what is called the Corrupt Bargain giving Adams the win. This was one of the most significant presidential elections in American History.

December 4th, 1783 - George Washington delivered his Farewell Address to his officers

December 5th, 1933 - Prohibition ended with the ratification of the 21st amendment.

December 6th, 1849 - Harriet Tubman escaped from slavery.

December 7th, 1941 - Pearl Harbor was bombed beginning America's official entrance into World War II.

December 9th, 1950 - Harry Gold was sentenced to thirty years in jail for helping share secrets with the Soviet Union about the Manhattan Project.

December 10th, 1906 - Theodore Roosevelt was awarded the Nobel Peace Prize for his help in resolving the Russo-Japanese War.

December 16th, 1773 - Boston Tea Party occurred in protest to the Tea Tax before the American Revolution.

December 17th, 1903 - Wright Brothers made the first powered flight.

December 18th, 1865 - The Thirteenth Amendment of the US Constitution was ratified making slavery illegal.

December 21st, 1620 - The Mayflower landed on Plymouth Rock in Plymouth, Massachusetts.

December 25th, 1776 - George Washington led the Continental Army across the Delaware River in order to attack Britain's Hessian mercenaries in Trenton, New Jersey during the American Revolution.

December 31st, 1891 - The immigration depot opened on Ellis Island, New York.

December is

National Drunk and Drugged Driving Prevention Month.
 Rising Star Month
 Safe Toys and Gifts Month
 Tomato and Winter Squash Month
 Universal Human Rights Month
 World Wide Food Service Safety Month
 Cookie Cutter Week (1-7)
 Tolerance Week (1-7)
 National Hand washing Awareness Week (6-12)
 Christmas Bird Count Week (18-1/5)
 Gluten Free Baking Week (18-24)
 Kwanza (25-1/1)
 Civil Air Patrol Day (1)
 Rosa Parks Day (1)
 International Day for the Abolition of Slavery Day (2)
 International Day of Disabled Persons (3)
 National Cookie Day (4)
 International Ninja Day (5)
 Miner's Day (6)
 National Pearl Harbor Remembrance Day (7)
 National Cotton Candy Day (7)
 Nobel Prize Day (10)
 Poinsettia Day (12)
 Bill of Rights Day (15)
 National Chocolate Covered Anything Day (16)
 Underdog Day (16)
 Wright Brother's Day (17)
 Crossword Puzzle Day (21)
 Forefather's Day (21)
 Humbug Day (21)
 National Homeless Persons Rememberence Day (21)
 World Peace Day/Winter Solstice (21)
 Christmas (25)
 Boxing Day (26)
 National Candy Cane Day (26)
 Make Up Your Mind Day (31)
 New Year's Eve (31)
 World Peace Meditation Day (31)

www.brownielocks.com



First Quarter	December 2nd
Full Moon	December 10th
Last Quarter	December 17th
New Moon	December 24th

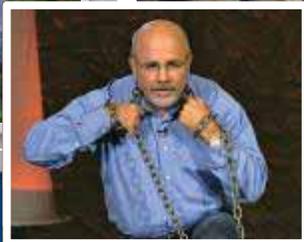
WITH FINANCIAL PEACE WORKPLACE EDITION, YOU WILL LEARN HOW TO

TAKE CONTROL

OF YOUR LARGEST WEALTH-BUILDING TOOL: YOUR INCOME!

Learn How To:

- Get out and stay out of debt
- Create a budget that works
- Agree with your spouse on money
- Invest and retire with confidence
and much more!



Your Membership Includes:

- Dave's #1 best-seller,
Financial Peace Revisited
- Personalized budget forms
- Convenient CD library
- Dave's unique envelope system
- Lifetime access to classes
- 3-CD Theme Set of *The Dave Ramsey Show*
- Zig Ziglar's *The Goals Program* DVD
- Additional online resources including
budgeting tools, videos, forums and more!

Dave Ramsey's

Financial Peace
WORKPLACE EDITION