

Nation of Patriots

Labette Center for Mental Health Services (LCMHS) is inviting Parsons' residents to show their support on Friday, July 12, for the 2013 Patriot Tour. This will be the fourth year the Center has invited community members to welcome the riders as they pass through Parsons. The Nation of Patriots, fostered by Harley Davidson riders nationwide, is riding across the country and passing an American Flag through 48 States over 100 days to honor all of America's Armed Forces, past, present, and fallen, as well as their families.

Riders will be passing through Parsons on Friday, July 12 as they make their way to Wichita, stopping at Ernesto's in Parsons, 200 North Central Avenue, for lunch. The riders should arrive in Parsons at approximately 10:45am with plans to be at Ernesto's by 11am. They will be riding down Main Street, entering Parsons from the east (old 400 Hyw.), coming through the intersection at 16th and Main, and turning on Central to arrive at Ernesto's. LCMHS would like to urge residents to show their support by lining Main Street as the Nation of Patriots roll through the area. Labette Center staff will be located at the corner of 16th and Main to hand out flags to participants.

"It is an honor for the people of Parsons and Labette County to have this opportunity to show our gratitude and respect to those who are serving, or have served us in the Armed Forces," LCMHS Executive Director Matthew Atteberry added. "Labette Center for Mental Health Services is proud to welcome the Nation of Patriot riders as they travel through the area."

The Nation of Patriots was formed to provide financial support to the families of wounded men and women that volunteered their lives in the preservation, protection and future of The United States. The organization was formed under the idea that the people must honor service men and women, especially those wounded in their servitude to our country. An independent, non partisan, 501(c)3 non profit organization that draws strength from patriotic Americans from all over the country, the Nation of Patriots strives to launch major campaigns on a national level to promote the awareness of the physical, emotional, and economic misfortune that wounded veterans and their families are living with today and everyday.

Wellness Program Year 4 Kickoff Event

Year 4 of our Wellness Program will kick off on July 17th from 7am - 10am with a free health screening to staff. This health screening is free and voluntary. On July 17th, from 7:00am-10:00am, staff from Labette Health will be here at the main building in the multipurpose room to conduct the screening. The results of the screening will provide you with an assessment of your height, weight, body composition, blood pressure, lipid panel, TSH and T4 for thyroid and A1C for diabetes. Labette Center's Wellness Program materials will be available the morning of the health screening for those eligible participating employees.



Participation in the Wellness Program is voluntary as always and for employees who have Labette Center's Blue Cross and Blue Shield health insurance. Eligible employees for the Wellness Program that participate in the Health Screening and assessment will receive an incentive in the form of a H.S.A contribution (for eligible employees) or cash.

All employees are encouraged to participate and take advantage of this wonderful benefit!! A signup sheet will be posted in the Resource room at the main building. If you have any questions feel free to ask. (See attached flyer on page 5)

Leadership Labette joins LCMHS

Labette Center is pleased to welcome the Leadership Labette Program to our organization. Leadership Labette is an eight-month community leadership development program with a strong focus on Kansas Leadership Center's Kansas Community Leadership Initiative (KCLI) curriculum and Competencies for Civic Leadership. Participants have an opportunity to learn more about themselves and their communities and is designed to provide an atmosphere in which participants develop leadership skills useful at business, community, and personal levels. Leadership Labette began in 1989 as Leadership Parsons and has evolved over the years to meet the changing needs of our community.

Leadership Labette will be holding Board meetings and many of their class sessions at Labette Center. We look forward to working with them on their projects.

Leadership Labette is happy to announce the 2013-14 program schedule has been set and they will be accepting applications through August 22, 2013. See their Facebook "Events" for information about the program schedule and activities. Nominations for the program are not required, but please feel free to send us the contact info for someone you think would be interested in this program. Attached is an application form. Applications may also be obtained from Labette Center for Mental Health Services by calling 800-303-3770 or emailing monica@lcmhs.com. Limited scholarships are available. (See flyer on Page 6)



2013 Company Olympics!

It's time again for the Company Olympics!!!! This year the Company Olympics will take place starting on Sunday August 4th and will continue through Thursday August 8th. We are looking forward to another great year of making wonderful memories with our co-workers and community partners. Remember, Company Olympics is about team work, having fun and participating in community active, so don't forget to enjoy the events! To sign up for events, visit our website at www.lcmhs.com and login to the Employee section of the webpage. If you have difficulty logging in, contact Monica Simpson. Send information on events that you would like to participate in to Monica by either babble or email to Monica @lcmhs.com. There are lots of new events this year, so be sure to check out website!!

New Employees



Labette Center would like to welcome Peter White, APRN to our staff. Peter began seeing psychiatric clients at the center on June 25th. He joins us after relocating from Arizona where he worked at a Navajo reservation for the past six years. White, who is original from Massachusetts, hold a Bachelor's degree in counseling and psychology, a Bachelor's of Science in nursing and a Master's in nursing which allows him to work as a psychiatric mental health nurse Practitioner. He enjoys writing poetry and photography. White will be seeing adult psychiatric client at Labette Center. We are pleased to be able to have White as an addition to our staff and to be able to better serve the needs of our clients. Welcome to Labette Center!

***Our Vision** ~ Provide the highest quality of comprehensive services to empower the people and communities of Labette County. We envision fulfilling and meaningful lives for those we serve.*

***Our Mission** ~ Create hope and opportunities for life change by providing education, support, consultation and therapeutic behavioral health services to the people and communities of Labette County.*

Have you checked us out Online!

Have you visited our website lately!!!! If not, stop by and check out the changes we've made! Go to www.lcmhs.com and see some of the new features we've added. You can now recommend a page from our website to Facebook, LinkedIn, Twitter or Google+! Be sure to let your clients know if they need any information they can check our website. There are forms available that can be printed off, upcoming events, news from the Association and much, much more!!!!

Employees can get on the website, log in to the Employee Section and get employee specific information! Simply click on "Employee Login" and then enter your email address and password. If you have forgotten your password, simple enter your email address in on the right side where it says "Forgot Password" and it will send it to you! If for any reason that doesn't work, and an employee needs his/her information sent to them, please feel free to contact me at monica@lcmhs.com

Also - Join us on

Facebook at: <https://www.facebook.com/LCMHS>

LinkedIn at:

<http://www.linkedin.com/company/labette-center-for-mental-health-services>

Twitter at: <https://twitter.com/lcmhs>

Google+ at:

<https://plus.google.com/u/0/b/116765710966644939924/116765710966644939924/posts>

Updates, quotes, mental health news, etc. are posted on the Center's pages on a regular basis. During bad weather or for any other Center closing, updates will be posted to these social media sites as well.

Congratulation to Shelli Nyambana!

Congratulations to Shelli Nyambana, Adult Psychosocial Aid, on the birth of her son! She welcomed Joseph David Omuru Nyambana on June 27th, 2013, weighing 8 1/2 lbs. and measuring 21 3/4 in. We wish Shelli lots of joy and happiness with her new young man!



July Birthdays

Rebekah Wells	July 15th
Children's Case Manager	
Todd McCoskey	July 19th
Adult Case Manager	
Rebecca Gray	July 26th
Therapist	
Sally Marang	July 29th
Therapist	



Employee Anniversaries

Monica Simpson	July 19th	9 yrs
Administrative Assistant/Public Relations		
Mark Gardner	July 23rd	6 yrs
A/D Counselor		
Nikkii Rosenstiel	July 28th	10 yrs
Children's Psychosocial (Navigators) Coordinator		



New Moon - July 8th
 First Quarter - July 16th
 Full Moon - July 22nd
 Last Quarter - July 29th

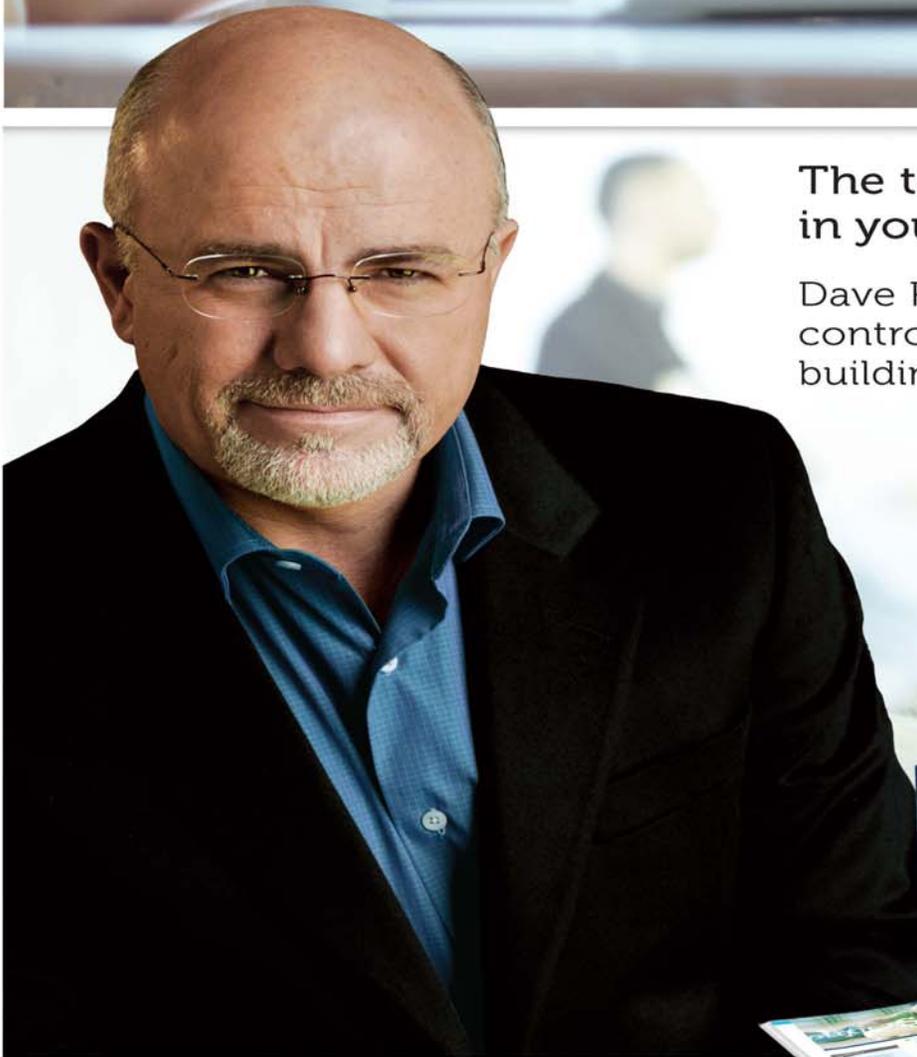


American History in July

- July 1st, 1782** - Sack of Lunenburg occurred during the American Revolution. American privateers attacked Lunenburg, Nova Scotia, looting the British settlement.
- July 1st, 1858** - Charles Darwin's Theory of Evolution was presented.
- July 1st, 1863** - The Battle of Gettysburg began.
- July 1st, 1881** - First International Telephone Call Occurred Between St. Stephen in New Brunswick, Canada, and Calais, Maine, in the United States. The two towns are less than one mile apart.
- July 1st, 1898** - The Battle of San Juan Hill occurred during the Spanish-American War. US forces defeated the Spanish forces near the Spanish stronghold of Santiago de Cuba. Theodore Roosevelt and his Rough Riders were part of the attack.
- July 1st, 1963** - The US Postal Service Introduced the Non-Mandatory ZIP Code along with standardizing all state abbreviations so that each consisted of only two letters.
- July 2nd, 1881** - President James Garfield was shot. He would die on September 19, 1881.
- July 2nd, 1964** - President Lyndon B. Johnson signed the Civil Rights Act.
- July 3rd, 1863** - The Confederates were routed at the bloody Battle of Gettysburg.
- July 4th, 1776** - The Declaration of Independence was accepted.
- July 5th, 1975** - Arthur Ashe became the first black man to win Wimbledon.
- July 6th, 1777** - The Continental Army retreated from Fort Mifflin during the American Revolution.
- July 6th, 1892** - Steelworkers were killed in a clash with armed Pinkertons.
- July 7th, 1865** - Four conspirators in the death of Abraham Lincoln, Mrs. Surratt, Lewis Payne, David Herold, and George Atzerodt, were hanged.
- July 7th, 1941** - United States took over the occupation of Iceland during World War II.
- July 9th, 1850** - Millard Fillmore became President when Zachary Taylor died.
- July 10th, 1925** - The Scopes "Monkey" Trial began in Tennessee.
- July 11th, 1804** - Aaron Burr killed Alexander Hamilton in a duel.
- July 11th, 1921** - William Howard Taft was sworn in as Chief Justice of the US Supreme Court.
- July 12th, 1812** - During the War of 1812, the United States invaded Canada.
- July 13th, 1787** - The Continental Congress enacted the Northwest Ordinance.
- July 16th, 1945** - The first atomic bomb was tested at the Trinity site in Alamogordo, New Mexico.
- July 16th, 1969** - Apollo 11 launched successfully.
- July 17th, 1898** - The Battle of Santiago Bay occurred during the Spanish-American War.
- July 18th, 1969** - The Chappaquiddick incident occurred where Mary Jo Kopechne died after Ted Kennedy drove off a bridge.
- July 20th, 1917** - The draft began in America for World War I.
- July 20th, 1969** - Apollo 11 landed on the moon and Neil Armstrong became the first man to walk on the moon.
- July 20th, 1976** - Viking 1 landed on Mars.
- July 21st, 1925** - John T. Scopes was found guilty of breaking the law by teaching evolution in class.
- July 22nd, 1587** - A second group of colonists try to establish a colony at Roanoke Island. The first colony mysteriously disappeared.
- July 22nd, 1933** - Wiley Post completed the first solo flight around the world.
- July 24th, 1847** - The Mormons reached the Salt Lake City valley.
- July 25th, 1898** - US began an invasion of Puerto Rico.
- July 26th, 1863** - Morgan's Raid ended with defeat for the Confederates.
- July 26th, 1908** - FBI was instituted as the Office of the Chief Examiner.
- July 26th, 1947** - Harry S Truman signed into law the creation of the Central Intelligence Agency.
- July 26th, 1948** - The US military was desegregated.
- July 27th, 1789** - Thomas Jefferson was named the head of the US Department of Foreign Affairs.
- July 27th, 1953** - Korean War formally ended with the signing of an armistice.
- July 28th, 1945** - A B-52 bomber accidentally crashed into the side of the Empire State Building.
- July 28th, 1965** - Lyndon B. Johnson sent 50,000 US ground troops to Vietnam.
- July 29th, 1958** - NASA was created.
- July 30th, 1619** - The first representative body in America, the House of Burgesses, met for the first time at Jamestown.
- July 30th, 1956** - "In God We Trust" was made the National Motto.

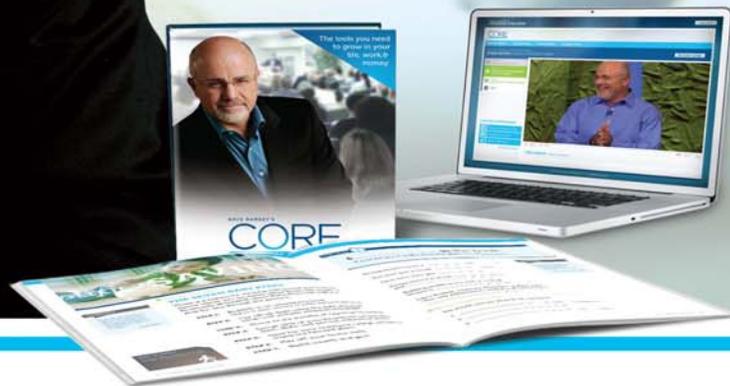
July is

- Air-Conditioning Appreciation Days
Bereaved Parents Awareness Month
Dog Day (7/3-8/11)
Family Reunion Month
Mango and Melon Month
National Blueberries Month
National "Doghouse Repairs" Month
National Grilling Month
National Ice Cream Month
National Hot Dog Month
National Make a Difference to Children Month
National Recreation & Parks Month
Social Wellness Month
Women's Motorcycle Month
National Education Association Week (1-6)
Beans and Bacon Days (4-7)
Freedom Week (4-10)
National Baby Food Week (17-20)
National Ventriloquism Week (17-21)
National Scrabble Week (19-24)
National Zoo Keeper Week (21-27)
World Lumberjack Championships (25-27)
Garlic Days (26-28)
Single Working Women's Week (29-8/4)
AFRMA Fancy Rat & Mouse Week (31-8/4)
Second Half of the Year Day (1)
US Postage Stamp Day (1)
Zip code Day (1)
Boom Box Parade Day (4)
Independence Day (4)
Bikini Day (5)
International Chicken Wing Day (5)
Rosewell UFO Days (5-7)
International Cherry Pit Spitting Day (6)
Chocolate Day (7)
Father-Daughter Take A Walk Together Day (7)
Global Forgiveness Day (7)
Don't Step on A Bee Day (10)
Cheer Up the Lonely Day (11)
Slurpee Day (11)
Collector Car Appreciation Day (12)
Bald Is In Day (13)
National French Fries Day (13)
Be A Dork Day (15)
Gummi Worm Day (15)
Global Hug Your Kid Day (15)
Yellow Pig Day (17)
Celebration of the Horse Day (20-21)
National Lollipop Day (20)
Gorgeous Grandma Day (23)
Merry-Go-Round Day (25)
National Chili Dog Day (25)
National Talk in An Elevator Day (26)
Parents Day (28)
Father-In-Law Day (30)
National Support Public Education Day (30)



The tools you need to grow
in your life, work and money.

Dave Ramsey can help you take
control of your greatest wealth
building tool: your income.



DAVE RAMSEY'S

CORE
FINANCIAL WELLNESS

Biometric Screening and Health Assessment

Wednesday, July 17
7:00am – 10:00am

Full-time employees can earn **\$50 for participating in the screening and health assessment!** Incentives will be awarded in the form of health savings account contribution or cash.

Screenings will include:

- Height, Weight, BMI, Body Fat
- Blood Pressure
- Lipid Panel
- A1C for diabetes
- TSH and T4 for thyroid

Screenings will take place in the multi-purpose room

Sign Up Today!

This is a Fasting Blood Draw

Please do not eat or drink anything other than water for at least 8 hours prior to your screening appointment.

*Labette Center for
Mental Health Services, Inc.*





A Community Leadership Program



Labette Center for
Mental Health Services, Inc.



What is Leadership Labette?

- Leadership Labette is an eight-month community leadership development program with a strong focus on Kansas Leadership Center’s Kansas Community Leadership Initiative (KCLI) curriculum and Competencies for Civic Leadership. Participants have an opportunity to learn more about themselves and their communities and is designed to provide an atmosphere in which participants develop leadership skills useful at business, community, and personal levels. Leadership Labette began in 1989 as Leadership Parsons and has evolved over the years to meet the changing needs of our community.

Who can participate?

- Leadership Labette is open to all adult community participants of greater Labette County. Applications must be submitted by August 22, 2013. Nomination is not required, but suggestions are appreciated. Class size is limited to 20, and participants will be accepted at the discretion of the Leadership Labette board.

How often does Leadership Labette meet? What will we do?

- The program kicks off with an evening session on September 5, followed in 2 weeks by an overnight retreat in Wichita at Kansas Leadership Center’s new state-of-the-art building near Old Town Wichita. The class also meets in five day-long classroom sessions, a daytrip to the State Capitol in Topeka in February, and ends with a wrap-up session and graduation luncheon on May 1, 2014. For specific dates, see the program schedule box. **Participants are expected to attend all sessions, as each session builds on the lessons learned in the prior session.**
- A major component of the program is the class project. Class members will select, create, and implement a community service project of their own choosing. This activity gives program participants the opportunity to practice their leadership skills using real-world experience. The project is supported financially by the Kansas Health Foundation, with the requirement that the project benefit children’s health.
- Class members are strongly encouraged to attend the 3-day KCLI Summit at Kansas Leadership Center the following October. Attendees will be sponsored by Leadership Labette. The Summit is designed to nurture deep learning oriented to the KLC Theory, Principles and Competencies, and will greatly enhance your leadership development journey.

2013-14 Program Schedule

Most classes will be held at LCMHS in Parsons
Class Sessions run 8:30am-4:30pm

September 5—Kickoff, 6-8:30pm
September 19-20—Overnight Retreat in Wichita w/ Class Session and KLC visit
October 17—Class Session
November 14—Class Session
December 12—Class Session
January 9—Class Session
February (tba)—Daytrip to State Capitol in Topeka
March 13—Class Session
May 1—Wrap-up Class Session, Graduation Luncheon, and Project Deadline
October 2014 (tba) —KCLI Summit in Wichita

How do I apply for Leadership Labette? Is there a cost to participate in the program?

- Applications for the 2014 program must be submitted by August 22, 2013. Contact Monica at LCMHS for an application. Program tuition is \$325 per person, and covers all expenses such as materials, meals, and lodging. Limited scholarships are available; more information is available upon request. Tuition is due prior to the September 5 session and payable to Leadership Labette/LCMHS.

Who do I contact for more information?

- Program applications are available from Labette Center for Mental Health Services at 1730 Belmont, PO Box 258, Parsons, Kansas, 67357. Request yours by email at monica@lcmhs.com or call 620-421-3770 or 800-303-3770. You may also download the information from the LCMHS website at www.lcmhs.com. For detailed information about the program, class sessions and activities, and other leadership development opportunities, check out Leadership Labette on Facebook, or our website, www.leadershiplabette.org.
- For more information about the Kansas Community Leadership Initiative curriculum or programs available at Kansas Leadership Center, log on to www.kansasleadershipcenter.org.

**2013-14 Leadership Labette
Board of Directors/Facilitators**

Cheryl Bowen	Lisa Byrd
Michelle Cerne	Peter Cook
Kitra Cooper	Sandra Dickerson
Tony Encarnacion	Misti Mustain