

# *Labette Center for Mental Health Services, Inc.*

## **Company Newsletter**

**April 2015**

**Volume 9 Issue 5**

**Editor: Monica M. Simpson**

### **RECOVERY MONTH Keynote Speaker Announced**



IT'S OFFICIAL! Our Keynote Speaker for this year's Recovery Month event, "An Evening of Recovery" will be Marti MacGibbon, with her presentation "Resilience, Recovery and the Power of Gratitude"!!!! We are so excited to for this year's event. Watch for more details about the event, which will be held on September 10th, 2015.

Marti MacGibbon, ACRPS, CADC-II, is a certified addiction

treatment professional, standup comic, inspirational speaker, and member of the National Speakers Association. Investor's Business Daily and Entrepreneur have interviewed her, and articles she wrote have appeared in over 100 magazines. She resides in Indianapolis and the San Francisco area, alternately.

Marti MacGibbon has recovered from and triumphed over nightmare experiences such as being trafficked to Tokyo and held prisoner by Japanese organized crime, homelessness, and hard-core drug addiction. Today, she's a member of the National Speakers Association, an inspirational speaker, standup comic, and certified addiction treatment professional.

Marti has performed at the world-famous Hollywood Improv and at the Comedy Store in Hollywood, and has shared

the stage with Gary Shandling and Alonzo Bodden of Last Comic Standing. She is producer/founder and host of Laffaholics, an annual standup comedy benefit for recovery in Indianapolis that features nationally headlining comedians.

In addition to inspiring business professionals and hospital administrators and staff, she has spoken about human trafficking (as a survivor) at The Museum of Tolerance in Los Angeles, at colleges and even from the center of an MMA octagon. Investor's Business Daily and Entrepreneur have interviewed her, and her articles have appeared in over 150 corporate and trade magazines.

Few speakers have a personal comeback story as riveting and inspirational as Marti's. She hit absolute rock bottom in every way, but by discovering and implementing a powerful personal program of daily renewal, she healed and recovered from severe drug addiction, and being trafficked into modern slavery, domestic violence, post-traumatic stress disorder, grief and loss caused by enduring a life-threatening experience involving repeated rape and physical and psychological injury.

Marti emerged from her downward spiral with her sense of humor intact, and she draws from a deep inner wellspring of joy and enthusiasm which is contagious to audiences as she shares simple, effective ways to get anyone back on track. Marti's inspirational, humorous memoir, *Never Give in to Fear: Laughing All the Way Up from Rock Bottom*, earned recognition from the National Indie Excellence Awards and critical acclaim.

For more information on Marti MacGibbon visit: <http://martimacgibbon.com/meet-marti/>

**Our Vision ~ Provide the highest quality of comprehensive services to empower the people and communities of Labette County. We envision fulfilling and meaningful lives for those we serve.**

**Our Mission ~ Create hope and opportunities for life change by providing education, support, consultation and therapeutic behavioral health services to the people and communities of Labette County.**

## **Labette Center for Mental Health Services Receives Grant from Sunflower Foundation for Integrated Care**

Labette Center for Mental Health Services is pleased to announce that they have been awarded a grant from the Sunflower Foundation. This grant will provide the Center the ability to hire a behaviorist that will be embedded at the Labette Health Medical Office Building. This is a unique and cutting edge approach to patient care that integrates both physical and behavioral health. As described by the Sunflower Foundation, "Integrated health care is the systematic coordination of primary care (medical) and behavioral health services. Medical and behavioral health problems often occur at the same time. Simultaneously providing relevant health care services has been shown to yield the best results and are welcomed by patients."

Kansas, with the assistance of the Sunflower Foundation, has been a leader in the integrated care initiative. Through this model the primary care and behavior care providers can coordinate closely with each other to provide a continuum of care. The process that Labette Center will use to provide this care will be to utilize the behaviorist stationed at Labette Health Medical Office Building to see patients that may also be in need of behavioral health care. This person will be available to see patients as needed when they visit a physician at in the medical facility. This provides the opportunity for two systems to work together hand in hand to provide this service to those in need. By creating this continuum of care, individuals will be able to receive the care they need while at the doctor's office and the opportunity to be referred to the mental health center to further their treatment if needed.

"This is an exciting time for behavioral health care in Labette County," stated Matthew Atteberry, LSCSW, executive director of Labette Center. "By receiving this grant we have been given the ability to provide the best overall care by working hand in hand with the medical community."

Doug Stacy, Assistant Administrator at Labette Health stated, "We at Labette Health are very eager to have a behaviorist embedded in our Medical Office Building. We look forward to working with LCMHS on this project. This opportunity provides so many new possibilities and the implementation of it will be an exciting process."

As described on the Sunflower Foundation website, "A momentum is building in Kansas for integrated care. Some local health providers are planning and testing models of integration . . . In a fully integrated health system, mental health and primary care professionals share worksites, information systems and patient care plans. A care team works collaboratively with the consumer to ensure a seamless continuum of care, coordinating enabling services, specialty care and follow up appointments to support the primary medical and behavioral health needs of the individual."

Since the beginning of 2013, when the Center received a Sun-

flower Foundation planning grant for integrated care, work has been done to prepare for this current venture. Through the last two years the Center has worked closely with the medical community to create a system of integrated care that will benefit patients seen by physicians.

Labette Center will soon begin the search for the qualified mental health professional to fill this newly created position. The Center will be looking for a person that is highly motivated and prepared for a new and innovative way to provide care. For more information about the process of finding this unique individual, please contact Natasha Purcell, Human Resource Coordinator at Labette Center for Mental Health. For more information about Labette Center visit us at [www.lcmhs.com](http://www.lcmhs.com) or find us on Facebook!

### **Health Home Passes Audit With Flying Colors!**

On May 6th, Labette Center's Health Home was part of an audit by Sunflower, one of the three medicaid providers in the State of Kansas. Labette Center's Health Home passed the audit with no issues noted. Congratulations to the Health Home staff and thank you all for your hard work and dedication in making the program a continued success!

### **CSS Department Passes Fidelity Review**

Congratulations to CSS staff. In our 9th year review of Integrated Dual Diagnosis Treatment the CSS department passed fidelity for the evidenced based practice. KU provides ongoing support to LCMHS for our center to maintain quality and innovative care for those in our specialty populations. Staff work extremely hard to maintain good quality and that work is greatly appreciated and shows that LCMHS is on the cutting edge of treatment for our clients.

### **Silver Dollar City/Worlds of Fun Tickets**

Great news everyone! Our company rates for Worlds of Fun and Silver Dollar City are working again! For Silver Dollar City the promo code is 15512. The promo code for Worlds of Fun is lcmhs14. All you have to do is go to the parks websites and enter the code to be able to buy tickets at the discounted price. This information is available on the employee login section of the website. Posters and other information will be distributed as it becomes available.

### **Shirt Order**

There have been a number of staff who have expressed interest in ordering shirts again. Therefore, a second spring order will be placed. Anyone interested in purchasing a shirt with the Center logo on it should contact Monica Simpson.

### Weigh In for Wellness Program

Our Last weigh in for this Wellness year will be held on Wednesday, June 24 from 11 -12 in the multipurpose room.

### Employee Satisfaction Committee

The Employee Satisfaction Committee's role is to uncover issues having a bearing on employee turnover, engagement, retention, and satisfaction. The goals of the committee are to reduce undesirable turnover and continue to improve the overall satisfaction of employees. The committee's mission is to brainstorm ideas, gather information and help define issues associated with employee turnover, engagement, and satisfaction. The Committee will regularly meet with Matthew Atteberry, Executive Director to provide input. The members of the Employee Satisfaction Committee are: Liz Davis, Melissa Lunsford, Asha Patel, Virginia Standley, Jessica Ramsey, and Cassie Alexander.

On May 7th and 8th Matthew Atteberry, executive director and Andrea Geiger, insurance specialist, took place in an A.L.I.C.E training. The training was provided to companies within the community by the Leadership Labette Class of 2015. This two day instructor course is designed to teach proactive survival strategies for violent intruder or active shooter incidents. The goal of the ALICE program is to provide individuals with survival-enhancing options for those critical moments in the gap between when a violent situation begins and when law enforcement arrives on scene.

ALICE stands for Alert, Lockdown, Inform, Counter, and Evacuate and is a useful strategy for everyone: law enforcement, schools, universities, hospitals, businesses, and places of worship. Completing the ALICE Instructor Training course provides individuals with certification in ALICE Training and allows them the opportunity to bring ALICE strategies back to their places of work. Additionally, registrants will gain access to exclusive ALICE resources.

ALICE is in line with recommendations from the U.S. Department of Education, the Department of Homeland Security (DHS), and the Federal Emergency Management Agency (FEMA).

Congratualtions on completing this training Matt and Andrea!!



#### Birthdays:

|                                  |          |
|----------------------------------|----------|
| Kendra Johnson                   | May 2nd  |
| Navigator's Aide                 |          |
| Nikkii Rosenstiel                | May 6th  |
| Navigator's Coordinator          |          |
| Deb Williams                     | May 8th  |
| Health Home Coordinator          |          |
| Susan Lynch                      | May 9th  |
| Adult Attendant Care             |          |
| Richard Crooks                   | May 9th  |
| Children's Case Manager          |          |
| Nancy Dorsey                     | May 13th |
| Medical Administrative Assistant |          |
| Matt Newton                      | May 18th |
| Therapist                        |          |
| David Gravett                    | May 19th |
| Children's Case Manager          |          |
| Mark Mikel                       | May 30th |
| Therapist                        |          |

#### Anniversaries:

|                                  |          |          |
|----------------------------------|----------|----------|
| Nancy Dorsey                     | May 1st  | 31 years |
| Medical Administrative Assistant |          |          |
| Andrea Geiger                    | May 7th  | 3 years  |
| Insurance Specialist             |          |          |
| Jennifer Vaughan                 | May 22nd | 2 years  |
| Health Home Care Manager         |          |          |
| Jodi Thompson                    | May 28th | 2 years  |
| Psychosocial Aide                |          |          |



## New Employees



Labette Center would like to welcome Lynn Stewart to our staff! Lynn began working at the Center as an adult attendant care provider on April 8th, 2015. She currently holds an Associates degree from Labette Community College in English and is working on finishing her Bachelor's of Science in Psychology at Pittsburg State University. Lynn, who is a life-time resident of Parsons, raised one son who recently returned to the area

after serving as a United States Marine. She enjoys spending time with cats, reading, gardening, working in the yard, and going for long walks. Welcome to Labette Center Lynn!



Labette Center would like to welcome Nichole Mullins to our staff! Nichole joined the children's community based services program on April 13th as a case manager. Currently she holds a BS ED in Art Education which she acquired from Pittsburg State University and is working towards her Master's in Adaptive Special Education at Pittsburg State University. Nichole has four children, including her oldest who is

attending college in Iowa, a son who is currently studying abroad in South Korea through an exchange student program, and a 6th and 8th grader. She is a life long resident of Labette County. Nichole enjoys reading, watching movies and spending time with her family. Welcome to Labette Center Nichole!!!!



Labette Center would like to welcome John Allen to our staff! He joined the adult community support services department as an attendant care provider on April 13th. John, who is originally from California, relocated to Parsons with his family and is currently studying Criminal Justice at Labette Community College. In his spare time, he enjoys sports, movies, taking care of animals and spending time with family

and friends. Welcome to Labette Center John!

## Have you checked us out Online!

Have you visited our website lately!!!! If not, stop by and check out the changes we've made! Go to [www.lcmhs.com](http://www.lcmhs.com) and see some of the new features we've added. You can now recommend a page from our website to Facebook, LinkedIn, Twitter or Google+! Be sure to let your clients know if they need any information they can check our website.

Employees can get on the website, log in to the Employee Section and get employee specific information! Simply click on "Employee Login" and then enter your email address and password. If you have forgotten your password, simply enter your email address in on the right side where it says "Forgot Password" and it will send it to you! If for any reason that doesn't work, and an employee needs his/her information sent to them, please feel free to contact me at [monica@lcmhs.com](mailto:monica@lcmhs.com)

Also - Join us on

Facebook at: <https://www.facebook.com/LCMHS>

LinkedIn at:

<http://www.linkedin.com/company/labette-center-for-mental-health-services>

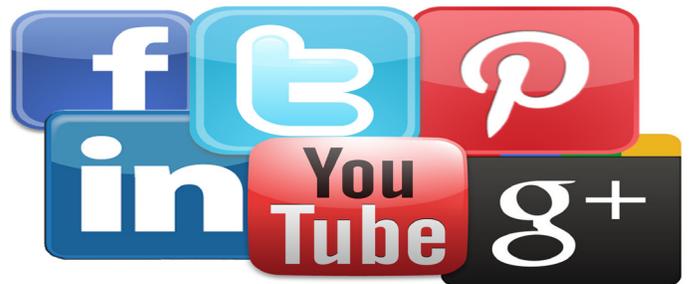
Twitter at: <https://twitter.com/lcmhs>

Google+ at:

<https://plus.google.com/u/0/b/116765710966644939924/116765710966644939924/posts>

Updates, quotes, mental health news, etc. are posted on the Center's pages on a regular basis.

During bad weather or for any other Center closing, updates will be posted to these social media sites as well.



**Full Moon April 4th**  
**Last Quarter April 11th**  
**New Moon April 18th**  
**1st quarter April 25th**

## May is . . . .

ALS Awareness Month  
Arthritis Awareness Month  
Better Hearing & Speech Month  
Borderline Personality Disorder Month  
Brain Tumor Awareness Month  
Building Safety Month  
Celiac Awareness Month  
Clean Air Month  
Cystic Fibrosis Awareness Month  
Family Reunion Month  
Fibromyalgia Education and Awareness Month  
Gifts From The Garden Month  
Golf Month  
Huntington's Disease Awareness Month  
International Mediterranean Diet Month  
Lupus Awareness Month  
Maytag Month  
Melanoma/Skin Cancer Detection & Prevention Month  
Motorcycle Safety Month  
National Allergy/Asthma Awareness Month Link  
National Barbeque Month  
National Foster Care Month  
National Hamburger Month  
National Inventors Month  
National Mental Health Month  
National Military Appreciation Month  
National Osteoporosis Prevention Month  
National Photo Month  
National Salsa Month (the food)  
National Smile Month  
National Stroke Awareness Month  
National Sweet Vidalia Onions Month  
National Vinegar Month  
Older Americans Month  
Social Security Education Awareness Month  
Skin Cancer Awareness Month  
Spiritual Literacy Month  
Tourettes Syndrome Awareness Month (5/15 - 6/15)  
Women's Health Care Month  
Be Kind To Animals Week: 3-9 (First full Week)  
Children's Mental Health Week: 3-9 Link (First full Week)  
Drinking Water Week: 3-9 Link (First Full Week)  
Goodwill Industries Week: 3-9 (First Full Week)  
Kids Win Week: 3-9 (First Full Week)  
National Anxiety & Depression Awareness Week: 3-9 (First Full Week)  
National Family Week: 3-9(First Full Week)  
National Pet Week: 3-9 Link (First Full Week)  
National Post Card Week: 3-9  
National Raisin Week: 3-9 (First Full Week)  
Children's Book Week: 4-10 (First full week starting Monday)  
National Small Business Week: 4-8  
Teacher Appreciation Week: 4-8 Link (First Full Week)  
National Nurses Day and Week: 6-12  
National Hospital Week: 10-16  
National Nursing Home Week: 10-16 (Starts Mother's Day to Saturday)  
National Police Week: 10-16 (2nd Full Week)  
Salvation Army Week: 11-17 Link  
National Backyard Games Week: 18-25 (3rd Week)  
Healthy and Safe Swimming Week: 18-24

National Polka Weekend: 22-24 (Always Memorial Day Weekend)  
Batman Day: 1  
Dandelion Days: 1-2  
International Space Day: 1 (First Friday)  
May Day: 1  
Mother Goose Day: 1 (Different than one in November)  
National Bubba Day: 1  
Stepmother's Day: 1  
Kentucky Derby: 2 (First Saturday)  
International Baby Lost Mother's Day: 3 (First Sunday)  
Motorcycle Mass & Blessing of The Bikes Day: 3 (First Sunday)  
National Infertility Survival Day: 3 (First Sunday)  
Paranormal Day: 3  
Intergalactic Star Wars Day: 4 (May the Fourth Be With You!)  
International Firefighters Day: 4  
International Respect for Chickens Day: 4  
Petite and Proud Day: 4  
Childhood Depression Awareness Day: 5 (First Tuesday)  
Cinco de Mayo: 5  
National Teacher Day: 5 (First Tuesday of the First Full Week)  
National Children's Mental Health Awareness Day: 7  
National Day to Prevent Teen & Unplanned Pregnancy: 7  
No Socks Day: 8  
V E Day: 8  
World Red Cross / Red Crescent Day: 8  
Child Care Provider Day: 8 (Friday before Mother's Day)  
Letter Carrier's Stamp Out Hunger Food Drive Day: 9  
National Train Day: 9 Link (2nd Saturday)  
National Windmill Day: 9 (2nd Saturday)  
Stay Up All Night: 9 ((2nd Saturday)  
World Belly Dance Day:9 (2nd Saturday)  
World Lupus Day: 10  
Mother's Day: 10  
Hostess Cupcake Day: 11  
Fibromyalgia and Chronic Fatigue Syndrome Awareness Day: 11  
National Nutty Fudge Day: 12  
Frog Jumping Day: 13  
National Chicken Dance Day: 14  
National Chocolate Chip Cookie Day: 15  
National Pizza Party Day: 15 (3rd Friday)  
Do Dah Day: 16 Link  
Armed Forces Day: 16 (3rd Saturday)  
Mimosa Day: 16  
National Sea Monkey Day: 16  
Morel Mushroom Day: 17-18 (Weekend After Mother's Day)  
I Love Reeses Day: 18  
National Employee Health & Fitness Day: 20 (3rd Wednesday)  
American Red Cross Founder's Day: 21  
Red Nose Day: 21  
National Taffy Day: 23  
World Turtle Day: 23  
Indianapolis 500: 24 (Sunday of Memorial Day Weekend)  
International Tiara Day: 24  
Cookie Monster's Birthday: 25 (See also November 2)  
National Missing Children's Day: 25  
Nerd Pride Day or Geek Pride Day: 25  
Memorial Day: 25 (Observed.) (Traditionally on 30th)  
World MS Day (Multiple Sclerosis): 27 (Last Wednesday)  
Bats Day: 29-31  
Mint Julep Day: 30  
World No-Tobacco Day: 31

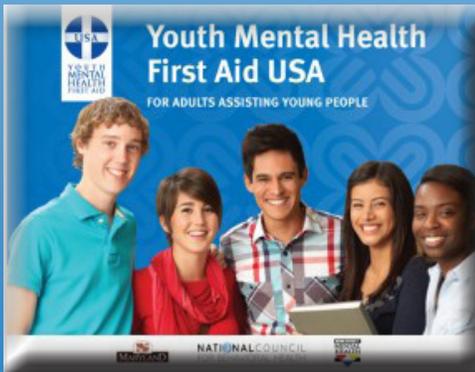
## Join us for Youth Mental Health First Aid!

June 23rd, 2015

8:00am - 4:30pm

Sometimes, first aid isn't  
a bandage,  
or **CPR**,  
or the **Heimlich**,  
or calling **911**.

Sometimes, first aid is **YOU!**



Youth Mental Health  
First Aid Course –  
8-hour course.

Cost of training is **FREE**  
for any school person-  
nel through a grant  
provided by the Kansas  
Department of Educa-  
tion. Lunch and snacks  
will be provided!

Call Monica or Nikkii at  
620-421-3770 or email  
monica@lcmhs.com  
or Nikkii Rosenstiel to  
register for a course.

This course brought to  
you by Labette Center  
for Mental Health Ser-  
vices, Inc.

