



Letter from the Desk of Mr. Atteberry:

The state of the economy in Kansas continues to be disastrous, particularly in terms of revenue into State government. As I write this, it is estimated that there is a \$400 million dollar deficit projected for the State's fiscal year 2011, which begins on July 1, 2010. Also as I write this, there is a possibility that Governor Parkinson will need to make additional cuts via the allotment process in the State's FY 2010 budget, which ends June 30, 2010, in order to end the State's year with the constitutionally required balances.

Labette Center's budget for 2010 runs from January 1 through December 31, 2010. The budget proposed by me and adopted by the Board of Directors was built around "what we know" to be true about the State's budget and its impact on CMHC funding, with the knowledge that the State's funding to CMHCs could change significantly and suddenly.

I can promise that efforts will be made to minimize the impact to staff and clients should the budget situation, State and local, continue to deteriorate, but I cannot promise that there will be no impact. To the extent the situation worsens, the impact will become more significant.

As in all situations, one should focus on what one can do, not on what one cannot do. As staff, the single best thing each of you can do is the job assigned to you here, to the best of your ability, at or above the level of productivity for those who have established productivity standards. What most of you do not have the opportunity to see is the mammoth advocacy effort underway from the Association of Community Mental Health Centers of Kansas, of which I am an active member of the Executive Committee, with the legislative body to mitigate any further damage to the CMHC system. Be assured that your Center, and your system, is doing everything possible to get our message out that the services we and the other 26 CMHCs in Kansas provide are vital and essential to the citizens of Kansas and Labette County.

Walk Kansas

Walk Kansas will official begin on Sunday March 7th. There will be a kick off party held at the LCHS High School Track on that day at 2pm. It will be held inside the gymnasium if it rains. All are invited to attend the kick off! If you are on a team, be on the look out for information to be posted. You will need to record your information from Sunday to Saturday and turn it in to Monica Simpson to be given to the officials. You will be updated on your teams progress on a regular basis! Good luck to all!

2010 Walk Kansas Teams

Navigator's Team

Nikkii Rosenstiel
Mandy Shaw
Brittney Murphy
Emily Clem
Adam Westhoff
Kathryn Shelton

LCMHS Main Building Team

Tara Fleck
Norma Cunningham
Jonathan Towers
Matt Atteberry
Misti Mustain
Melissa Stephens

Good Luck to Both our Teams!!!!!!

Credit Counseling Seminar

According to the K-State Research and Extension office, there will be a seminar held on March 31st, 2010 at the Parsons Experiment Station at 32nd and Pefley at 7pm to education individuals on the services provided by Consumer Credit Counseling (CCC). This presentation is being hosted by District J Kansas Association of Family and Consumer Sciences (KAFCS). The speaker will be Tracey Blaue, Director of Education for Consumer Credit Counseling Service of Springfield-Joplin-West Plains. For more information, contact The K-State Research and Extension office at 620-784-5337.

E-Waste Recycling in Altamont

On Saturday April 17th the K-State Research and Extension office in Labette County will be hosting an E-Waste Collection in Altamont. It will be from 9 am to 1 pm in the LCHS Gymnasium Parking Lot. There is no charge for the recycling. Electronic waste includes obsolete, broken or unwanted electronic equipment. This includes televisions, computers, monitors, VCRs, CD players, DVD players, microwaves, stereo systems, cell phones, digital cameras and other types of audio/visual equipment, etc. For more information about this program, please contact the K-State Research and Extension Office at 620-784-5337 or email Keith Martin at rkmartin@ksu.edu.

Soar Training

On March 4th and 5th, LCMHS hosted a SOAR Training (Supplemental Security Income (SSI) and Social Security Disability Insurance (SSDI) Outreach, Access and Recovery). Case managers from the area were invited to attend the two day workshop and learn more about SOAR.

SSI and SSDI are both disability income benefits administered by the Social Security Administration and generally those who receive SSI or SSDI payments, also are eligible



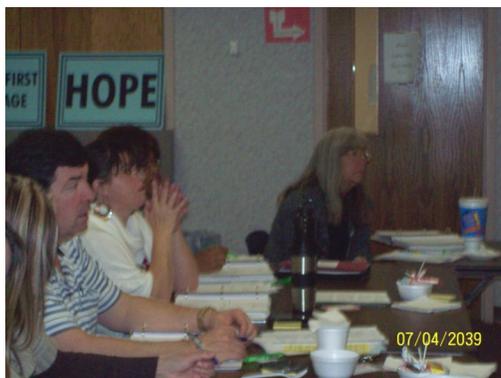
to receive Medicaid and/or Medicare health insurance benefits. For people who are homeless with mental health problems that impair cognition or those who are returning to the community from institutions such as jails, prisons, or hospitals, access to these programs can be extraordinarily challenging. The application process for SSI/SSDI is complicated, detailed, and often difficult to navigate. As a matter of fact, nationally, about 37 percent of individuals who apply for these benefits are approved on application. For those who aren't approved initially, the road can be long, as appeals through the courts can take on average 1-3 years to complete. But the fact remains that accessing these benefits is often a critical first step in the recovery process.

SOAR is a strategy that helps States increase access to mainstream benefits for people who are homeless or at the risk of homelessness through training, technical assistance, and strategic planning. SOAR currently works in 34 states and recently Kansas has taken the initiative to join them and form SOAR Across Kansas. So far, success rates on initial applications are nearly 70 % compared to the usual 10-15% for those applicants who are homeless. SOAR is a different type of model that includes collaboration and planning among key stakeholders, training case managers to assist applicants and gather evidence proactively, a step-by-step explanation of the SSI application and disability determination process, and a list of critical components for success.

Currently Kansas has implemented a Train-the-Trainer program based on SAMHSA's Stepping Stones to Recovery training curriculum and those trainers are now hosting the training in Community Mental Health Centers across the state.



There were a total of 16 individuals in attendance for the workshop as well as a representative from Disability Determination Services, and two representatives from Social Security Administration. From LCMHS, Misti Mustain, Tom Schibi, Trinnette Craddock and Deb Williams were in attendance. The seminar was presented by Sherrie Watckins-Alvey, LMSW, and Annie Kessler, BS, both from Wyandot Center.



March Birthdays

Tara Fleck Therapist	March 7th
Dr. James Pletcher Psychiatrist	March 15th
Dr. Mark Haslett Psychiatrist	March 16th
Virginia Standley Parent Support/Project Before	March 21st
Kenisha Morton Children's Case Manager	March 24th
Kersten Kastler Psychosocial Aide	March 31st

March is

American Red Cross Month
Deaf History Month
International Ideas Month
Music in Our Schools Month
National Athletic Training Month
National Caffeine Awareness Month
National Craft Month
National Nutrition Month
National Social Work Month
Sing with Your Child Month
Women's History Month
Youth Art Month
Newspaper in Education Week (1-5)
Celebrate Your Name Week (7-13)
Read an E-Book Week (7-13)
National Poison Prevention Week (14-20)
National Toad Hollow Week (14-21)
Act Happy Week (15-21)
American Chocolate Week (15-21)
Pig Day (1)
Namesake Day (2)
National Grammar Day (4)
World Day of Prayer (5)
Salvation Army Day (10)
Check Your Batteries Day (14)
Potato Chip Day (14)
Awkward Moment Day (18)
National Agriculture Day (20)
As Young as You Feel Day (22)
Doctors Day (30)
Bunsen Burner Day (31)

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Moon Phases

Last Quarter	March 7th
New Moon	March 15th
First Quarter	March 23rd
Full Moon	March 29th

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March Anniversaries

Tom Schibi CSS Team Lead	March 1st	18yrs
LaShawn Taylor Children's Case Manager	March 12th	2yrs

American History in March

March 1st, 1692 - The Salem Witch Trials began.
March 1st, 1932 - Charles Lindbergh's baby was kidnapped for ransom
March 2nd, 1807 - Congress banned the import of slaves to America
March 3rd, 1931 - "The Star Spangled Banner" was adopted as the National Anthem
March 5th, 1931 - 1770 - The Boston Massacre occurred.
March 6th, 1836 - The Siege of the Alamo ended with a massacre of the Alamo's defenders by Mexican troops.
March 7th, 1876 - Alexander Graham Bell patented his telephone
March 13th, 1862 - Union troops are ordered not to return fugitive slaves to their owners during the Civil War.
March 14th, 1794 - Eli Whitney was granted a patent for the cotton gin.
March 17th, 1673 - Frenchmen Marquette and Joliet began their exploration of the Mississippi River and Great Lakes.
March 21st, 1925 - The teaching of the theory of evolution was outlawed in Tennessee eventually leading to the Scopes Trial.
March 23rd, 1775 - Patrick Henry gave his famous "Give me liberty or give me death" speech before the American Revolution.
March 25th, 1634 - Lord Baltimore led the first settlers into Maryland.
March 28th, 1979 - A nuclear meltdown occurred at Three Mile Island, Pennsylvania.

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A full moon on the 29th is called "Worm Moon" by Native Americans because this time of year there are signs of earthworms as the ground thaws in preparation of spring.

Kansas History in March

March 1st, 1885 - State Census. Population, 1,268,562; males 679,316; females, 589,246; native -- males, 601,962; females, 533,925; foreign -- males, 77,354; females, 55,321; white -- male, 654,841; females, 565,514; [black] -- males, 24,379; females, 23,655.

March 3rd, 1887 - Coronado and Leoti, rivals for the Wichita county seat, were surrounded by armed guards, and strangers were not allowed to enter. Merchants carried guns while waiting on customers. Streets were patrolled day and night.

March 7th, 1903 - C.W. Parker's merry-go-round factory at Abilene had a special order from China, the motive power to be eight Chinamen.

March 12th, 1888 - Towns along the Santa Fe were out of fuel. The Garden City *Herald* reported that "several young society gents were seen on their way to the residence of their best girls last night carrying a bucket of coal."

March 15th, 1862 - Kansas soldiers at Fort Riley destroy the office of the Kansas Frontier News, a disloyal paper published at Junction City.

March 17th, 1856 - Senator Douglas, from the Committee on Territories, introduces a bill to authorize the people of Kansas to form a constitution; recommitted, June 25.

March 21st, 1936 - Kansas is enjoying the greatest boom in the oil industry since its peak year of 1919. [Ives, *Footprints on the Sands of Time*]

March 22nd, 1922 - The Southwestern Bell Telephone Co. was installing a dial telephone system at Topeka at a cost of \$1,250,000.

March 26th, 1879 - "Gold" found in Cowley county.

March 27th, 1897 - Two men robbed the Caney bank of \$40,000 in broad daylight. One was recognized as Henry Starr, former member of the Dalton gang.

March 31st, 1915 - In the past 20 years Kansas had increased nine percent in population, 400 percent in value of crops, 200 percent in livestock, eggs and horticulture, 300 percent in manufacturers, and 400 percent in mineral output, the State Board of Agriculture reported.

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